Think It Over: This section is about turning what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take your own next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

- When was the last time you discovered you were the subject of gossip? How did it make you feel? What where you able to do about it? How long did it take for you to get past it? After thinking about these questions, how does it impact your thoughts and feelings regarding participating in gossip?
- ➤ Read Ephesians 4:29-31 MSG. There is almost too much in there. What are your initial take-aways? Do you first think about being on the receiving end of hurtful talk or have you been on the giving end? Talk is more than words but the attitude (feeling) that goes along with them. How is the feeling almost as important as the words? How do you go about recognizing the feeling you create in another person's spirit?
- Review Joseph Stowell's definition. How can one determine whether what they are speaking of is a part of a solution? How have you experienced Brennan Manning's quote? So why do we participate in gossip?
- Review each of gossip's results. Would you add any? Which ones have your experienced? How did they make you feel?
- In what kinds of situations do you find yourself gossiping the most? How can you walk yourself back from gossip when you find yourself participating? How can you make your conversation more helpful than hurtful?
- Review each of the "Transforming Gossip into Healthy Conversations" bullets. Which ones do you need to personally address? Are there times you need to avoid being the recipient of gossip? How can you prepare in advance to turn a conversation that seems to be moving into the area of gossip?
- How have you seen the rise of social media affect gossip? Do you think looking at social media can become a form of receiving and enjoying gossip? How do you determine where that line is?
- Who do you need to speak life-giving words to this week? How and when will you do it?

<u>Next Steps</u>: What steps will you take to guard against the sin of gossip? How does Mathew 12:36 create a sense of urgency to take those steps now?

<u>Changing Your Mind</u>: I tell you, on the day of judgment people will give account for every careless word they speak, Matthew 12:36 ESV



If you missed a message, visit www.scc.website or request a CD at Guest Services.



The Option Matrix

Found on a card at Guest Services or on our website: http://senecacommunitychurch.com/optionmatrix

Review: 10/30/2022 - Can't Touch This - Part 6: Feeling Lucky at the 32-minute mark (bit.ly/OptionMatrix)

²⁹Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift. ³⁰Don't grieve God. Don't break his heart. His Holy Spirit, moving and breathing in you, is the most intimate part of your life, making you fit for himself. Don't take such a gift for granted. ³¹Make a clean break with all cutting, backbiting, profane talk. Ephesians 4:29–31 MSG

People may	_ your,
but they your	JCM
The words of a gossip are like choice parts.	morsels; they go down to the inmost Proverbs 18:8 NIV
Gossip is sharing	information about
or something v	vith another who
is not a of the	This information may
be or [or not].
"In encounter	Joseph Stowell
we either life	⊃ The we Gossip
or we it. There is	
no exchange."	The of Gossip
Brennan Manning	<u></u> '

	The of
	¹³ A gossip betrays a confidence, but a trustworthy person keeps a secret. Proverbs 11:13 NIV
>	The of
	²⁰ It takes fuel to have a fire— a fire dies down when you run out of fuel. So quarrels disappear when the gossip ends. ²¹ Add fuel to the fire and the blaze goes on. So add an argumentative [person] to the mix and you'll keep strife alive. Proverbs 26:20–21 TPT
Þ	The of
	a whisperer separates close friends. Proverbs 16:28 ESV
>	The on
	\rightarrow Your
	⁹ don't betray another person's secret. ¹⁰ Others may accuse you of gossip, and you will never regain your good reputation. Proverbs 25:9-10 NLT
	²⁷ Whoever restrains his words (under presure-TPT) has knowledge, and he who has a cool spirit is a man of understanding. ²⁸ Even a fool who keeps silent is considered wise; when he closes his lips, he is deemed intelligent. Proverbs 17:27–28 ESV
	→ Your
	¹⁶ There are six things the Lord hates, seven that are detestable to him: ¹⁹ a false witness who pours out lies and a person who stirs up conflict in the community. Proverbs 6:16,19 NIV
	Gossip
	into
>	Is my conversation or?
	²⁹ Say only what helps, each word a gift, ³⁰ Don't grieve God. Don't break

²⁹...Say only what helps, each word a gift. ³⁰ Don't grieve God. Don't break his heart... ³¹ Make a clean break with all cutting, backbiting, profane talk. Ephesians 4:29–31 MSG

>	Have I	to them	_?
			nim—work it out between the d. Matthew 18:15 MSG
			is his folly and shame. ¹⁷ The until the other comes and Proverbs 18:13,17 ESV
>	What is	on in my	_?
	But what comes out o	f the mouth gets its sta	rt in the heart. Matthew 15:18 MSG
>	Am I making a	matter _	?
	It is foolish to belittle ogossip goes around te a confidence.	one's neighbor; a sens Iling secrets, but those	ible person keeps quiet. ¹³ A who are trustworthy can keep Proverbs 11:12-13 NLT
>	Am I	_ others to	?
			? y close attention to slander. Proverbs 17:4 NLT
		sten to gossip; liars pa	y close attention to slander. Proverbs 17:4 NLT
>	⁴ Wrongdoers eagerly li Is this what I ¹² Here is a simple, rule	sten to gossip; liars pa want -of-thumb guide for bel	y close attention to slander. Proverbs 17:4 NLT
>	⁴ Wrongdoers eagerly li Is this what I ¹² Here is a simple, rule	sten to gossip; liars pa want -of-thumb guide for bel	y close attention to slander. Proverbs 17:4 NLT to? havior: Ask yourself what you tive and do it for them
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>	⁴ Wrongdoers eagerly li Is this what I ¹² Here is a simple, rule want people to do for y tom Line: Our words	sten to gossip; liars pagesten to gossip; liars pagester pagester want wantof-thumb guide for beliou, then grab the initial	y close attention to slander. Proverbs 17:4 NLT to? havior: Ask yourself what you tive and do it for them Matthew 7:12 MSG ers, to,
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Resources for this message include a message by Craig Groeschel, James Emery White at Mecklenburg Community Church, and Summit Church,

To help you turn what God is saying to you into action steps, consider using the Think It Over section on the back.