Think It Over: This section is about turning what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take your own next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

- Have you ever seen a tattoo or cosmetic surgery gone bad? What are some of the reasons, good & bad, people get a tattoo, have cosmetic surgery, and/or want to be cremated? Have you ever thought of having one or more of these done or maybe you already have a tattoo or have had cosmetic surgery? How does walking through The Option Matrix (found on a card in your program or on our website (http://senecacommunitychurch.com/optionmatrix) apply to those and other situations?
- Read 1 Corinthians 10:23 MSG. Why is the point not to just get by? How does that starting place often get a person to a bad place? Read 1 Corinthians 10:23 in the NIV. How do you process what is beneficial and constructive to areas that seemed to be permissible? What area in your life does this passage need to be applied right now?
- Review the
 My body, my choice... section. Do you believe that a Christ follower ought to consider their bodies purchased and owned by Jesus? What should that look like? What areas are difficult to actually do that in? How is the bottom line often reflected in a Christ follower's life? What additional areas should Christ-ownership show up in (for instance, our health)?
- When faced with the decision of a tattoo or cosmetic surgery, what are the implications of 1 Peter 3:3-4 and Psalm 139:14 (MSG)? How can a person's life reflect those two passages' principles? How can they be owned more in your life?
- Just imagine what our world would look like if we lived out Philippians 2:3-4. It may seem a little morbid, but how should Philippians 2:3-4 affect our thoughts and plans for our own funeral?
- Why is abortion a challenging topic for most to discuss with firmness, grace, and mercy? Why can there be confusion? How does approach eclipse content regarding this subject? Review the passages. Why would most Christians come to the conclusion this is a commandment level issue? How can there be forgiveness after an abortion? How can the 2% become a red herring? For more information check out www.gotquestions.org and the Family Hope Center (www.gotquestions.org and the

<u>Next Steps</u>: What steps will you take to integrate the Bottom Line in your life more and more? What are you waiting for?

Changing Your Mind: Choose one of the verses listed in the Message Guide and commit it to heart.



If you missed a message, visit <u>www.scc.website</u> or request a CD at Guest Services.



The Option Matrix

Found on a card in your program or on our website: http://senecacommunitychurch.com/optionmatrix

Review: 10/30/2022 - Can't Touch This - Part 6: Feeling Lucky at the 32-minute mark (bit.ly/OptionMatrix)

²³Looking at it one way, you could say, "Anything goes. Because of God's immense generosity and grace, we don't have to dissect and scrutinize every action to see if it will pass muster." But the point is not to just get by.

1 Corinthians 10:23 MSG

⇒ My body, my choice...

Our bodies were <u>made</u> by <u>Jesus</u>.

¹⁴I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. ¹⁵My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.

Psalm 139:14-15 NIV

¹⁶...Everything was made through him and for him (everything got started in him and finds its purpose in him-MSG).

Colossians 1:16 ERV

Our bodies have been bought by Jesus.

¹⁹You should know that your body is a temple for the Holy Spirit that you received from God and that lives in you. You don't own yourselves.²⁰God paid a very high price to make you his. So honor God with your body.

1 Corinthians 6:19-20 FRV

Our bodies are <u>useful</u> to <u>Jesus</u>.

¹³Don't offer the parts of your body to serve sin. Don't use your bodies to do evil, but offer yourselves to God, as people who have died and now live. Offer the parts of your body to God to be used for doing good.

Romans 6:13 ERV

¹So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering...

Romans 12:1 MSG

²⁰ ...let people see God in and through your body.

1 Corinthians 6:20 MSG

➤ Our bodies will be <u>raised</u> by <u>Jesus</u>.

¹⁶For the Lord himself will appear with the declaration of victory, the shout of an archangel, and the trumpet blast of God. He will descend from the heavenly realm and command those who are dead in Christ to rise first.

1 Thessalonians 4:16 TPT

Bottom Line:

What you <u>do</u> with your <u>body</u> says something to <u>everybody</u> about who <u>owns</u> your <u>body</u>.

¹⁹You should know that your body is a temple for the Holy Spirit that you received from God and that lives in you. You don't own yourselves. ²⁰ God owns the whole works. So let people see God in and through your body.

1 Corinthians 6:19-20 ERV, MSG

¹...I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice...

Romans 12:1 NLT

⇒ <u>His</u> body, <u>His</u> <u>choice</u>... (*Luke 22:42 EXB*)

> The 5-C's and Tattoos

^{28"} 'Do not cut your bodies for the dead or put tattoo marks on yourselves. I am the Lord.

Leviticus 19:28 NIV

> The 5-C's and Cosmetic Surgery

³What matters is not your outer appearance—the styling of your hair, the jewelry you wear, the cut of your clothes—⁴but your inner disposition. Cultivate inner beauty, the gentle, gracious kind that God delights in.

1 Peter 3:3-4 MSG

> The 5-C's and Cremation

³In whatever you do, don't let selfishness or pride be your guide. Be humble, and honor others more than yourselves. ⁴Don't be interested only in your own life, but care about the lives of others too.

Philippians 2:3-4 ERV

> The 5-C's and Abortion

¹³You know the old saying, "First you eat to live, and then you live to eat"? Well, it may be true that the body is only a temporary thing, but that's no excuse for stuffing your body with food, or indulging it with sex. Since the Master honors you with a body, honor him with your body!

1 Corinthians 6:13 MSG

⁵Before I formed you in the womb I knew you, before you were born I set you apart... Jeremiah 1:5 NIV (Psalm 139:13-16)

²²"If people are fighting and hit a pregnant woman and she gives birth prematurely but there is no serious injury, the offender must be fined whatever the woman's husband demands and the court allows. ²³But if there is serious injury, you are to take life for life.

Exodus 21:22-23 NIV

⁶"Whoever sheds human blood, by humans shall their blood be shed; for in the image of God has God made mankind.

Genesis 9:6 NIV

⁵If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.

James 1:5 NLT

¹So now there is no condemnation for those who belong to Christ Jesus. ²And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death.

Romans 8:1-2 NLT

Resources for this message include a message by James Emery White at Mecklenburg Community Church, Summit Church, and devotional thoughts from *Time of Grace*.

To help you turn what God is saying to you into action steps, consider using the Think It Over section on the back.