

Bottom Line:

Be _____ with _____.

To help you turn what God is saying to you into action steps, consider using the "Think It Over" section below.

Think It Over: This section is about turning what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take your own next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

- How does Philippians 4:13 give me real hope?
- What is your heart problem?
- How does Jesus help you with your heart problem?
- What are some ways you find it hard to give up your plans in your life?
- Think about a specific area of your life where it's hard to rely on Jesus. Is it because of the circumstances, or do you rely on your own strength too much? Think about ways God is showing you how to ask for His help to live like Jesus.
- Read Paul's account of his story in 2 Corinthians 11:21 – 12:10. How do his story and the example he set bring further understanding to Philippians 4:13?

Next Steps: Application questions/steps

Changing Your Mind: Choose one of the verses listed in the Message Guide and commit it to heart.

If you missed a message, visit www.scc.website or request an audio CD at Guest Services.



I can do all things through Christ who strengthens me.

Philippians 4:13 (NKJV)

Real _____

Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.

Philippians 4:11-13 (ESV)

Believing in Jesus comes with
a _____ that He will _____ you.

Bad news: We all have a _____.

- We think, "I can do it by _____."
- God created me to be _____ on Him.
- _____ is disobedience to God.
- I am guilty of sin and _____ before God.

For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.

Romans 6:23 (NLT)

Good news: _____.

- He died on a cross for me
to _____ my guilt.
- If I _____ in Jesus and _____ from my sin,
He promises me new life.

If I _____ in Jesus, He will _____ me.

_____ Things

I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

Philippians 4:11-13 (NIV)

The Twist:

I believe in Jesus.

_____, I can do _____.

Not My Plans

The false hope:

God will help me accomplish _____ plans.

- My plans don't account for _____ or _____.
- God's plans _____ sin _____ suffering.

Not My Ability

Same heart problem:

I think _____ by myself.

- As you grow up, _____ grow with you.

- The challenge is you still don't know _____.
- God is in the business of challenging me back to _____, not helping me be _____.

Jesus promises to give you _____
to accomplish _____.

Having Hope in All Things

When it comes to plans

- Hold plans _____.



When it comes to strength

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

2 Corinthians 12:9-10 (NIV)

Instead of _____ in your independence,
delight in _____ on Christ.

Instead of looking for an _____ from
circumstances, look to _____.

- In _____
- In _____
- In _____