

**Think It Over:** This section is about turning what God is saying to you into action steps. These talking points, questions, and scriptures are designed to help you take your own next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

- Have you ever been on the losing end of things, an underdog? What happened? Have you ever been in that kind of situation when all of sudden you discovered you had a fighting chance because someone become your champion? That may or may not have happened in sporting situations, but how about emotionally or spiritual draining situations? Do you realize that as a Christ follower, you always have a champion, someone who will go to bat for you?
- Read 1 Samuel 17:1-31. Why was courage missing? Who was supposed to be the courageous one? Why wasn't he? How do you find courage missing in your life because you are basically functioning as Saul? Review each point regarding the adversary. What are the expressions of the adversary in your life? Do you face them like Saul? How are you preparing to get ahead of the difficulties of anxiety in your life?

**Next Steps:** What regular rhythms will need to increase in your life for you to have the grit of Numbers 13:30–32, Joshua 1:9, and Philippians 4:13? Remember, "if God calls me to it, He'll see me through it." You can live out of that Bottom Line!

**Changing Your Mind:** Choose one of the verses listed in the Message Guide and commit it to heart.

**YouVersion:** Looking for more from the Bible about fear, courage, and anxiety? Check out this seven day reading plan from Louie Giglio: <https://www.bible.com/reading-plans/19132-putting-an-x-through-anxiety>. (Also available in the YouVersion app.)

**Rightnow Media:** Several video studies on these topics are also available at [rightnowmedia.org](http://rightnowmedia.org). For free access, Text "SENECACC" to 49775 or visit [bit.ly/SenecaCC](http://bit.ly/SenecaCC) to sign up for your free account.



If you missed a message, visit [www.scc.website](http://www.scc.website) or request a CD at Guest Services.



1 Samuel 17:1-31 NIV page 195

"\_\_\_\_\_ " means "the \_\_\_\_\_ in \_\_\_\_\_."

<sup>5</sup>That God is on one side and all the people on the other side, and Christ Jesus, himself man, is between them... 1 Timothy 2:5 TLB

<sup>54</sup>When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written: "Death is swallowed up in victory." <sup>55</sup>"O death, where is your victory? O death, where is your sting?" <sup>56</sup>It was sin that made death so frightening and law-code guilt that gave sin its leverage, its destructive power. <sup>57</sup>But now in a single victorious stroke of Life, all three—sin, guilt, death—are gone, the gift of our Master, Jesus Christ. Thank God! <sup>58</sup>With all this going for us, my dear, dear friends, stand your ground. And don't hold back. Throw yourselves into the work of the Master, confident that nothing you do for him is a waste of time or effort.

1 Corinthians 15:54–58 ESV, MSG

➤ We have a \_\_\_\_\_ . (1-11)

➤ The \_\_\_\_\_ is \_\_\_\_\_ . (1-3)

<sup>12</sup>This is no afternoon athletic contest that we'll walk away from and forget about in a couple of hours. This is for keeps, a life-or-death fight to the finish against the Devil and all his angels. Ephesians 6:12 MSG

➤ The \_\_\_\_\_ is \_\_\_\_\_ . (4-7)

<sup>8</sup>Keep a cool head. Stay alert. The Devil is poised to pounce, and would like nothing better than to catch you napping. 1 Peter 5:8 MSG

➤ The \_\_\_\_\_ is \_\_\_\_\_ . (8-11)

<sup>4</sup>You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world. <sup>5</sup>They

are from the world and therefore speak from the viewpoint of the world,  
and the world listens to them. 1 John 4:4–5 NIV

➡ The \_\_\_\_\_ with \_\_\_\_\_. (12-24)

➤ \_\_\_\_\_ in to it will \_\_\_\_\_ you \_\_\_\_\_  
time and \_\_\_\_\_. (12-16)

<sup>15</sup>So be very careful how you live, not being like those with no understanding, but live honorably with true wisdom, for we are living in evil times. Take full advantage of every day as you spend your life for his purposes. Ephesians 5:15–16 TPT

➤ Giving in to it will \_\_\_\_\_ you going  
\_\_\_\_\_ the \_\_\_\_\_. (17-22)

<sup>5</sup>They may pretend to have a respect for God, but in reality they want nothing to do with God's power. Stay away from people like these! <sup>6</sup>For they are the ones who worm their way into the hearts of vulnerable... 2 Timothy 3:5–6 TPT

➤ Giving in to it will \_\_\_\_\_ you want  
to \_\_\_\_\_ the \_\_\_\_\_. (23-24)

<sup>13</sup>Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet. Ephesians 6:13 MSG

➡ Getting \_\_\_\_\_ of \_\_\_\_\_. (25-31)

➤ \_\_\_\_\_ the \_\_\_\_\_ of \_\_\_\_\_ God. (25)

1 Samuel 16:21–22 NIV

<sup>2</sup>Yahweh, you are my soul's celebration. How could I ever forget the miracles of kindness you've done for me? <sup>3</sup>You kissed my heart with forgiveness, in spite of all I've done. You've healed me inside and out from every disease. <sup>4</sup>You've rescued me from hell and saved my life. You've crowned me with love and mercy. Psalm 103:2–4 TPT

<sup>21</sup>He who is overcoming—I will give to him to sit with Me in My throne, as I also overcame and sat down with My Father in His throne. Revelation 3:21 LSV

➤ Be \_\_\_\_\_ about \_\_\_\_\_ to \_\_\_\_\_. (26-27)

<sup>7</sup>But the Lord said to Samuel, "Don't judge by his appearance or height, for I have rejected him. The Lord doesn't see things the way you see them. People judge by outward appearance, but the Lord looks at the heart." 1 Samuel 16:7 NLT

<sup>2</sup>How long will you people turn my glory into shame? How long will you love delusions and seek false gods? <sup>3</sup>Know that the Lord has set apart his faithful servant for himself; the Lord hears when I call to him. Psalm 4:2–3 NIV

➤ Don't let others \_\_\_\_\_ you  
from \_\_\_\_\_ God. (28-31)

<sup>30</sup>...We should go up and take possession of the land, for we can certainly do it." <sup>31</sup>But the men who had gone up with him said, "We can't attack those people; they are stronger than we are." <sup>32</sup>And they spread among the Israelites a bad report about the land they had explored. They said, "The land we explored devours those living in it. All the people we saw there are of great size. Numbers 13:30–32 NIV

<sup>9</sup>Haven't I commanded you? Strength! Courage! Don't be timid; don't get discouraged. God, your God, is with you every step you take." Joshua 1:9 MSG

<sup>13</sup>Christ is the one who gives me the strength I need to do whatever I must do. Philippians 4:13 ERV

### Bottom Line:

If God \_\_\_\_\_ me to \_\_\_\_\_,  
He'll \_\_\_\_\_ me \_\_\_\_\_.

Resources for this message include messages by Alistair Begg, Ray Fowler, and Summit Church.

To help you turn what God is saying to you into action steps, consider using the Think It Over section on the back.